

**SEABAG LIST – Mini Boot**  
**UNITED STATES NAVAL SEA CADET CORPS**

ITEM	AMOUNT (MALE)	AMOUNT (FEMALE)	ADMIN USE
Sea Bag	1	1	
Padlock w/2 keys	1	1	
Canteen and web belt	1	1	
Pocket-sized notebook and pen	1	1	
Chapstick with SPF protection (optional)	1	1	
Sunscreen	1	1	
Bug Repellant	1	1	
NWU (Navy working Uniform)	1	1	
Black belt w/silver tip & silver buckle	1	1	
White undershirts (t-shirts)	3	3	
"Blue" T-Shirts for NWU's	3	3	
Sports bra (white or skin tone color) or		3 minimum	
Regular bra (white or skin tone color)			
Skivvies (underwear - white)	3	3	white or skin tone color
Sport socks (white / pairs)	3	3	
Black socks (pairs)	3	3	
PT shorts (navy blue or black)	2	2	
Swim suit (navy blue or black). Females - one piece.	1	1	
Males - no Speedos.			
Flat twin sheets (white)	2	2	
Personal Sleeping Pillow	1	1	
pillow cases (white)	1	1	
Dark colored (solid) Blanket.	1	1	
Bath towels (white)	2	2	
Work boots - BLACK leather boots	1	1	
Athletic shoes - 1 pair	1	1	
Shower shoes (pair - flip flops)	1	1	
Personal hygiene kit - contents: soap in holder, shaving gear, toothpaste, toothbrush, comb, shampoo, deodorant, contact lens gear if needed, etc.) <b>NO GLASS or AEROSOL CANS!</b>	1	1	
Feminine hygiene items		**enough for 3 days	
Sewing kit	1	1	
Shoe shine kit (polish, rag, horsehair brush)	1	1	

4/2/2016

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All items on this list are required in the amounts specified. No cell phones, mp3 players, other electronic devices or items not on this list will be authorized at training. **Any items brought that are not on this list will be confiscated and returned at the end of the training.**

All items must be properly stenciled/marked with the cadet's last name. **MARK THEM!** This includes socks (black and white), skivvies (underwear), and towels. **Black Sharpie** for light color items, and **Silver Sharpie** or other visible waterproof stenciling method for dark colored items.

All uniforms MUST have properly sewn-on flashes.

MEDICATIONS both prescription and over-the-counter must be turned over to Medical Officer at check-in. Cadets will not be permitted to carry/keep medications of any kind.

**\*\*Females - bring feminine hygiene products even if you think you will not need them.**