

## CO'S TOP SEVEN

1. **HAZING:** Is any action taken or situation created to intentionally cause embarrassment, harassment, ridicule, or to intentionally risk emotional and/or intentionally risk emotional and/or physical harm. It is still hazing even if the victim is a “willing participant”. At its core, hazing is an act of embarrassing someone primarily for the purpose of embarrassing them.
2. **BULLYING:** Is unwanted, aggressive behavior among peers that involves a real or perceived power imbalance. Bullying generally involves a pattern of behavior repeated over time. Bullying includes, but is not limited to, such actions as: making threats, spreading rumors, assaulting someone physically or verbally, or intentionally excluding someone from a group.
3. **DISCRIMINATION:** Is unjustly making distinctions in the treatment of different categories of people. Prejudice is pre-judgment, bias, or partially; it is a preconceived opinion not based on the actual experience. The USNSCC is a meritocracy - here, you will be judged solely on your performance. There is no place in the USNSCC for ignorant biases, bigotry, prejudice based upon race, color, sex, gender, age, ethnicity, national origin, religion, sexual orientation, or disability.
4. **SEXUAL HARASSMENT:** Is a form of discrimination that involves unwelcome sexual advances, requests for sexual favors, or other verbal or physical conduct of a sexual nature that interferes with an individual's performance or creates an intimidating or hostile training environment. This policy is gender neutral and applies the same way to males and females at the training. There is no place in the USNSCC for off-color jokes, teasing about sex or sexuality, inappropriate behavior, in the showers, flirting, requests for dates, or any form of physical or sexual contact.
5. **FRATERNIZATION:** Is an unduly familiar relationship between superiors and subordinates that is prejudicial to good order and discipline. Fraternization weakens the integrity of the chain of command by creating the appearance of favoritism in our training environment.
6. **CADET TO CADET CONTACT:** Keep your hands to yourself! No one at this training may touch you without your permission!
7. **RACISM/VULGARITY:** No one at this training will display any act of racism towards another at any time. Furthermore, no one will engage in the use of profane vulgar, and/or offensive language during this training.

## USNSCC RULES AND REGULATIONS

- BREAKING OF ANY OR ALL OF THE CO'S TOP7 RULES WILL RESULT IN CAPTAINS MAST AND IMMEDIATE TERMINATION OF THE TRAINING.
- Smoking, consumption of alcohol or drug use is forbidden for ALL cadet personnel. Possession of, use of, any of the above will result in immediate termination of training and return home at the parents'/ guardians' expense. Officers/Instructors will not engage in smoking or drinking in the presence of cadets.
- WEAPONS: Do not bring any knives or other weapons to training. Both will be confiscated and not returned. Possession of, use of, any of the above will result in immediate termination from

training and returned home at parents' /guardians' expense.

- Inappropriate Behavior: Any cadet displaying inappropriate behavior will be terminated from training and returned home at the parents'/ guardians' expense. Inappropriate behavior is defined as any behavior that in the opinion of the Commanding Officer, which brings disfavor or maligns the image of the USNSCC or any member of the USNSCC in the eyes of Command.
- Cadet to Cadet Contact: There will be NO cadet-to-cadet physical contact unless it is for training purposes (under adult supervision). This includes "just joking/playing around".
- Equal Opportunity, Discrimination, and Sexual Harassment: No preferential treatment will be given towards anyone regardless of color, creed, religious preference, gender, or race. Everyone will treat all equally. You will be treated equally and with respect, you will be expected to treat others the same.
- No Fraternalization: NO males in the female barracks. NO females in the male barracks.
- Cell Phones: Per NHQ regulations NO Cellphones are allowed at the training, leave them with your parents. If you are traveling from out of state with prior approval from the COTC, your cellphone will be collected at check-in and returned at the completion of training.
- BREAKING ANY OF THE CO TOP 7 RULES CAN RESULT IN CAPTAINS MAST AND IMMEDIATE TERMINATION FROM TRAINING.
- Enjoy your training and have fun. NSCC Adult Officers will be here to help you succeed and have fun. Their primary duty is to ensure your safety and take care of any concerns or questions you may have.

**By signing you certify you have read and understand the above  
CO TOP 7 and Rules and Regulations violations of the above  
will result in immediate termination from Training.**

**"Zero Tolerance Enforcement"**

**Training:** MINI- RECRUIT ORIENTATION 2026 (April 10-12)

**Cadet Signature:** \_\_\_\_\_

**Cadet Name:** \_\_\_\_\_

**Parent Signature:** \_\_\_\_\_

**Parent Name:** \_\_\_\_\_